

SCOPE/Prog/21-22
21st December 2021

Dear *Chief Executive,*

Sub: Two-day workshop 'Mindfulness for Organisational Excellence': 17-18 January 2022

As we draw close to an eventful year, SCOPE has continued with its endeavours in promoting conducive policy environment, building capacities in PSEs and providing avenues for skill enrichment. During the year, SCOPE has provided a well-executed platform for interaction and learning through webinars in association with national and international renowned experts, consultants and Government on an array of subjects including due impetus to physical and mental well-being in collaboration with renowned doctors and medical experts.

In continuation with its agenda of enhancing well-being in PSEs, SCOPE is organising yet another landmark program on mindfulness with renowned **lifestyle coach Mr Ashis Sen on 17th and 18th January 2022 at SCOPE Convention Centre New Delhi**. The need for mindfulness has been increasingly felt with increasing dynamism in rapidly changing global environment leading to a rise in challenges that organizations are exposed to not only in number but also complexity. This necessitates for businesses to prepare themselves mentally for what lies ahead and learn to approach new situations with an open mind. Hence, a tool is needed to help people to cope with change, adapt and succeed thereby recording improved employee satisfaction, performance and decision making.

Considering the significance of Mindfulness Trainings for organisational excellence, we are happy to announce two day workshop titled '**Mindfulness for Organisational Excellence**' which aims to focus on leveraging benefits of mindfulness for enhancing personal and professional wellbeing of employees and enhancing productivity,

Given the increasing significance of the subject, you may nominate middle level executives for the non-residential Mindfulness Workshop. The detailed Brochure is enclosed for your kind perusal and circulation to appropriate departments.

The nominations may be forwarded to Ms. Hema Koul, Prog. Coordinator, Mobile: +91 9899362335 at ca@scopeonline.in latest by the **13th January, 2022**.

With regards

Yours sincerely


(Atul Sobti)

To: Chief Executives of CPSEs

Copy to: 1. Director (HR) of CPSEs
2. Nodal Officers of CPSEs

Encl.: As Above

STANDING CONFERENCE OF PUBLIC ENTERPRISES

(An apex body of Public Enterprises)